

# MARRIAGE AS GOD INTENDED

### Module 1

- Based on Love after Marriage in a book available on amazon click here
- There is a workbook for about £25 and a tool book £10 available currently only from your course organizer plus postage.
- There is an app available in apple and google from Nothing Hidden
   Ministries which cover all the tools and alot of other resources well worth acquiring.
- Most video and audio are by Barry and Lori Byrne of Bethel Church California and form the teaching on their Love after Marriage course.
- Each session begins with a brief online introduction before you're placed into a your group of 4–5 couples. One couple will serve as facilitators to guide discussions on personal issues, questions, and offer advice and group prayer. If preferred, your group may choose to meet in person at a member's home rather than online. Groups can reschedule sessions if mutually agreed upon. You will remain with the same group throughout the course unless you request a change only offered after the first session.
- Download the programme with links to page number in workbook module 1



## Session 1: Your story principles of sessions

- Introduction Barry & Lori Byrne
- Nothing Hidden
- Building openness and honesty.
- Sharing rules and asking meaningful questions.
- Making a commitment pact as couples.
- Treasure in my spouse
- Sharing your story and what God reveals about your marriage.

### **Session 2:** Communication in Marriage

- God Order for marriage
- Communication
- · Aligning with God's priorities.
- Restoring heart and head split in our marriage.
- Basic Communication skills in marriage:
- Listening exercise
- Understanding types of communication in marriage.
- Questions for Group work session 2

# **Session 3:** Dealing with the Enemy

- Getting rid of Spiritual Baggage Barry and Lori Byrne
- Understanding myself basic personality
- How do I see my partners personality questionnaire
- Managing our differences
- Our battle is not against one another but against spiritual forces
- Tools to deal with the enemy 1-2-3 skidoo
- Recognizing the enemy's influence and addressing it:
  - Identifying spiritual baggage (generational, learned behaviours, wounds, and lies).
  - Ministering to your partner in a marriage
  - Optional Getting rid of spiritual baggage
  - Understanding the difference between sin and temptation.
  - Using confession and scripture to protect your marriage.
  - When to seek help through ministry, counselling, medical help
- Questions to discuss and prepare before session 3.



# Session 4: Bring the Holy Spirit into your marriage

- God's divine order in marriage.
- Reconciliation and emotional healing.
- Managing stress in your marriage.
- Spiritual time in all aspects of your relationship. Spirit soul body.
- Questions to discuss and prepare before session 4

## Session 5: Intimacy and togetherness

- Seeing your partner through God's eyes
- Write Gods love letter to your partner
- Removing accusation from my marriage
- Developing intimacy in Marriage
- Managing pain in my marriage
- Maintaining romance
- Basic Love languages
- Questionnaire for love languages
- Questions to discuss and prepare before session 5

# Session 6: Sexual issues in marriage

- Obstacles to fulfilling sex
- Finding sexual freedom in marriage
- Releasing sexual freedom
- Bonding through sex
- Agreeing what is right in sex
- Questions to discuss and prepare before session 6

# Session 7: Tools to use maintaining a good marriage

- Using the tools for marriage
- Working through conflict and disagreements
- Ministering to one another's needs
- Spiritual blessing
- My Rhythm of spirituality in my marriage
- Maintaining a healthy Marriage. video
- Questions to discuss and prepare before session 7
- Ceremony of commitment